

## 1000005 Ox Hearts (frozen)



**Pack Size:** X KILO

**Details:** Order by quantity.

They are both delicious and affordable: lean and with a clean flavour. Slow cook and include them in a tasty stew or casserole.

\*When ordering this product, please note that it is sold by weight (X KILO) so leave the quantity as 1, click on the speech bubble and leave clear instructions about what you require as a message.

### Allergen Information

**Free from:**

Cereal, Celery, Crustaceans, Eggs, Fish, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide, Soya

### Handling Information

**Directions For Use:**

Ideal for stews and casseroles

**Storage Instructions:**

Keep Frozen

Once defrosted keep refrigerated

### Product Ingredients

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Beef Heart

### Nutritional Information

**Typical Values per 100g/ml:**

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

**Energy:**

104 kcal / 439 kJ

**Fat:**

3.5 g

**of which saturates:**

1.7 g

**Carbohydrates:**

0.5 g

**of which sugars:**

0.5 g

**Fibre:**

No Data

**Protein:**

18.2 g

**Salt:**

2.2 g

All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.

