

# 1000026 T-Bone Steaks

Pack Size: X KILO

Details: Cut approx 450g unless you prefer larger. T-bone steaks feature both fillet and sirloin steaks which are suited to grilling, barbecuing, or pan-frying and are best served medium to rare, \*When ordering this product, please note that it is sold by weight (X KILO) so leave the quantity as 1, click on the speech bubble and leave clear instructions about what you require as a message.

## Allergen Information

#### Free from:

Cereal, Celery, Crustaceans, Eggs, Fish, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide, Soya

## Handling Information

Directions For Use: Cook until Juices run clear and free from pink colour. Ensure the product is fully cooked before consumption.

Storage Instructions: Store at <4°c

Product Ingredients: Beef 100%

### Nutritional Information

Typical Values per 100g/ml: Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

213 kcal / 882 kJ

**Fat:** 15 g

of which saturates: 6.5 g

**Carbohydrates:** 0.5 g

**of which sugars:** 0.5 g

Fibre: No Data

Protein: 20 g

**Salt:** 0.16 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.