



1000082 Flat Iron Steaks



Pack Size: X KILO

Details: Cut from the feather blade once the centre gristle has been removed.

The flat iron steak is considered the best cut of beef by some. The near-perfect marbling of fat makes it tender, flavorful, and perfect to grill.

*When ordering this product, please note that it is sold by weight (X KILO) so leave the quantity as 1, click on the speech bubble and leave clear instructions about what

Allergen Information

Free from:

Cereal, Celery, Crustaceans, Eggs, Fish, Gluten, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide, Soya

Handling Information

Directions For Use:

Ensure the product is fully cooked before consumption.

Storage Instructions:

Store at <4°C

Product Ingredients

Product Ingredients:

Beef

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

195 kcal / 814 kJ

Fat:

13 g

of which saturates:

5.8 g

Carbohydrates:

0.5 g

of which sugars:

0.5 g

Fibre:

No Data

Protein:

19 g

Salt:

0.14 g

All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.

