

## 1000085 Picanha Rump Slices



**Pack Size:** X KILO

**Details:** Cut from the cap or the rump into slices/steaks. The picanha is a particularly tender and flavourful cut of beef. You can cook it on the grill barbecue or in a pan steak, braised, stew, and roast.

\*When ordering this product, please note that it is sold by weight (X KILO) so leave the quantity as 1, click on the speech bubble and leave clear instructions about what you require as a message.

### Allergen Information

**Free from:**

Cereal, Celery, Crustaceans, Eggs, Fish, Gluten, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide, Soya

### Handling Information

**Directions For Use:**

Ensure the product is fully cooked before consumption.

**Storage Instructions:**

Keep Refrigerated

### Product Ingredients

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Beef

### Nutritional Information

**Typical Values per 100g/ml:**

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

**Energy:**

211 kcal / 872 kJ

**Fat:**

15 g

**of which saturates:**

6.4 g

**Carbohydrates:**

0.5 g

**of which sugars:**

0.5 g

**Fibre:**

No Data

**Protein:**

20 g

**Salt:**

0.16 g

All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.

