

# 1000114 Bone In Shin Beef Steaks



Pack Size: X KILO

Details: Bone in shin either left whole or cut into

Shin benefits from being cooked low and slow. Use the bone marrow to create a flavoursome sauce.

\*When ordering this product, please note that it is sold by weight (X KILO) so leave the quantity as 1, click on the speech bubble and leave clear instructions about what you require as a message.

### Allergen Information

#### Free from:

Cereal, Celery, Crustaceans, Eggs, Fish, Gluten, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide, Soya

# Handling Information

#### Directions For Use:

Cook until Juices run clear and are free from pink colour. Ensure the product is fully cooked before consumption.

### Storage Instructions:

Store at <-18°c

# Product Ingredients

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Beef

# Nutritional Information

#### Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

#### Energy:

174 kcal / 729 kJ

# Fat:

9.9 g

#### of which saturates:

4 g

### Carbohydrates:

 $0.5 \, q$ 

### of which sugars:

0.5 g

# Fibre:

No Data

### Protein:

4 g

#### Salt:

0.16 q

All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.

