

# 1000136 Boneless Leg of Lamb



Pack Size: X KILO

**Details:** Rolled for roasting or left flat for stuffing, dicing, etc.

Perfect for a Sunday roast, but is very versatile as it can be barbecued, stewed or slow-cooked in a tagine to make it meltingly tender.

\*When ordering this product, please note that it is sold by weight (X KILO) so leave the quantity as 1, click on the speech bubble and leave clear instructions about what

### Allergen Information

#### Free from:

Cereal, Celery, Crustaceans, Eggs, Fish, Gluten, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide, Soya

# Handling Information

#### Directions For Use:

Cook until Juices run clear and free from pink colour. Ensure the product is fully cooked before consumption.

# Storage Instructions:

Store at <4°c

# Product Ingredients

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Lamb 100 %

# Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

#### Energy:

153 kcal / 639 kJ

#### Fat:

8 g

#### of which saturates:

3.5 g

# Carbohydrates:

0.5 g

## of which sugars:

0.5 g

# Fibre:

No Data

# Protein:

20 g

# Salt:

0.17 g

All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.

