

## 1000149 Bone In Lamb Leg Steaks



**Pack Size:** X KILO

**Details:** Lamb leg steaks with the bone in - cut frozen.

The lean, lamb leg steak is best pan-fried or grilled and served medium rare.

\*When ordering this product, please note that it is sold by weight (X KILO) so leave the quantity as 1, click on the speech bubble and leave clear instructions about what you require as a message.

### Allergen Information

**Free from:**

Cereal, Celery, Crustaceans, Eggs, Fish, Gluten, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide, Soya

### Handling Information

**Directions For Use:**

Cook until Juices run clear and are free from pink colour. Ensure the product is fully cooked before consumption.

**Storage Instructions:**

Keep Refrigerated

### Product Ingredients

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Lamb Leg Bone In

### Nutritional Information

**Typical Values per 100g/ml:**

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

**Energy:**

168 kcal / 705 kJ

**Fat:**

10 g

**of which saturates:**

4.4 g

**Carbohydrates:**

0.5 g

**of which sugars:**

0.5 g

**Fibre:**

No Data

**Protein:**

19 g

**Salt:**

0.15 g

All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.

