



## 1000191 Premium Sliced Cooked Ham



**Pack Size:** 500G PKT

**Details:** Premium cooked ham. Sold in 500g trays, approx 13 slices per tray.  
Tender and lean.

### Allergen Information

**Free from:**

Cereal, Celery, Sesame, Crustaceans, Eggs, Fish, Gluten, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sulphur Dioxide, Soya

**Suitable for:**

Coeliacs

### Handling Information

**Directions For Use:**

Use within 48 hours of opening & before use by date, whichever is sooner

**Storage Instructions:**

Store between 0°C-5°C, recommended below 3°C

### Product Ingredients

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Pork, Salt (Anticaking agent E535), Cure (Salt, Acidity Regulator E500(ii), Preservative E250., Antioxidant E301), Antioxidant (E301).

Made with 105g pork per 100g finished product.

### Nutritional Information

**Typical Values per 100g/ml:**

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

**Energy:**

136 kcal / 547 kJ

**Fat:**

4.8 g

**of which saturates:**

1.8 g

**Carbohydrates:**

0.5 g

**of which sugars:**

0.5 g

**Fibre:**

0.5 g

**Protein:**

23 g

**Salt:**

2.12 g

All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.

