



1000201 Black Pudding 1.36kg Stick (Holt Dale Farm)



Pack Size: 1.36K STIC

Details: Black pudding from the award-winning Real Lancashire Black Pudding Company. Sold by the 1.36kg stick.
Perfect for breakfasts or hotpot.

Allergen Information

Contains:

Cereal, Celery, Gluten

Free from:

Crustaceans, Eggs, Fish, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide, Soya

Handling Information

Directions For Use:

Remove plastic sleeving, cut into 15mm slices and heat thoroughly as per the instructions below:
Fry in a preheated, lightly oiled pan, over a medium heat for 6 minutes, turning occasionally.

Storage Instructions:

This product needs to be stored in a refrigerator at a temperature between 1 ° 4°C

Product Ingredients

Product Ingredients:

Reconstituted Pigs Blood, Cooked Pearl **BARLEY**, Rusk [**WHEAT** Flour (**WHEAT**, Calcium Carbonate, Iron, Niacin, Thiamin), Salt], **OATMEAL**, Onion, Pork Fat, Beef Fat, Salt, **OAT** Flakes, **WHEAT** Flour, Spices, Herbs (including **CELERY**).

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

171 kcal / 716 kJ

Fat:

7.3 g

of which saturates:

2.6 g

Carbohydrates:

17.2 g

of which sugars:

0.6 g

Fibre:

2.8 g

Protein:

7.6 g

Salt:

2.1 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging

or speak with our QA Department.