

## 1000315 Bone In Pork Shoulder

Pack Size: X KILO

Details: A bone in whole pork shoulder approx 10-12kg. Slow roast for juicy and tasty meat. The bone-in gives the meat extra flavour. \*When ordering this product, please note that it is sold by weight (X KILO) so leave the quantity as 1, click on the speech bubble and leave clear instructions about what you require as a message.

## Allergen Information

Free from: Cereal, Celery, Crustaceans, Eggs, Fish, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide, Soya

## Handling Information

Directions For Use: Oven Cook for for 30 minutes, then reduce to 180C/Gas 4/fan 160C for the remaining time. Calculate total cooking time for 35 minutes per 500g, plus 35 minutes. Please note oven times may verie Cook until Juices run clear and are free from pink colour. Ensure the product is

Storage Instructions: Store at <4°c

Product Ingredients: Pork 100%

Nutritional Information Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

**Energy:** 220 kcal / 915 kJ

**Fat:** 16 g

of which saturates: 5.2 g

Carbohydrates: 0.5 g

**of which sugars:** 0.5 g

Fibre: No Data

Protein: 19 g

**Salt:** 0.16 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.