

1000328 Skinless Diced Gammon

Pack Size: X KILO

Details: Hand diced gammon. Add to fried rice, pasta bakes or risottos. *When ordering this product, please note that it is sold by weight (X KILO) so leave the quantity as 1, click on the speech bubble and leave clear instructions about what you require as a message.

Allergen Information

Free from:

Cereal, Celery, Crustaceans, Eggs, Fish, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide, Soya

Handling Information

Directions For Use: Ensure the product is fully cooked before consumption.

Storage Instructions: Store at <4°c

Product Ingredients

Product Ingredients: Pork (85 %), Water, Salt, Preservatives (E250, E252), Acidity Regulator (Sodium Bicarbonate), Antioxidant (E301).

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy: 189 kcal / 786 kJ

Fat: 13.9 g

of which saturates: 5.5 g

Carbohydrates: 0.5 g

of which sugars: 0.5 g

Fibre: No Data

Protein: 15.2 g

Salt: 3.2 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.