

# 1000345 Chuck Roll Braising Steaks



Pack Size: X KILO

Details: Cut from the chuck. This may not be as lean as the top rump braising steak however, with long, slow cooking, these fairly inexpensive cuts will reward you with a rich, unctuous dish that's full of deep flavour.

\*When ordering this product, please note that it is sold by weight (X KILO) so leave the quantity as 1, click on the speech bubble and leave clear instructions about what you require as a message.

## Allergen Information

#### Free from:

Cereal, Celery, Crustaceans, Eggs, Fish, Gluten, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide, Soya

## Handling Information

#### Directions For Use:

Ensure the product is fully cooked before consumption.

#### Storage Instructions:

Store at <4°c

### Product Ingredients

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Beef

## Nutritional Information

### Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

#### Energy:

243 kcal / 1011 kJ

### Fat:

19 g

#### of which saturates:

8.5 g

#### Carbohydrates:

0.5 g

### of which sugars:

0.5 g

#### Fibre:

No Data

### Protein:

18 g

### Salt:

0.13 g

All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.

