

1000447 Marinated Lamb Rumps



Pack Size: X KILO

Details: Boneless lamb rumps marinated in garlic, honey and mint. These are usually about 230g in size but can be cut from 170g to 280g.

Perfect for roasting or slow-cooking as the cut becomes succulent and full of flavour.

*When ordering this product, please note that it is sold by weight (X KILO) so leave the quantity as 1, click on the speech bubble and leave clear instructions about what

Allergen Information

Contains:

Cereal, Gluten

Free from:

Celery, Crustaceans, Eggs, Fish, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide, Soya

Handling Information

Directions For Use:

Cook until Juices run clear and are free from pink colour. Ensure the product is fully cooked before consumption. Store at <4°C

Storage Instructions:

Store at <4°C

Product Ingredients

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Lamb 90% Lamb banquet seasoning 10% Sugar, Herbs (Mint, Basil, Oregano, Parsley), WHEAT starch, Salt, Spices (Aniseed, Cinnamon ,Turmeric), Garlic Powder, Tomato Powder, Colour E162, Yeast Extract

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

187 kcal / 786 kJ

Fat:

9.3 g

of which saturates:

4 g

Carbohydrates:

7.7 g

of which sugars:

5 g

Fibre:

No Data

Protein:

18 g

Salt:

1.1 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging

or speak with our QA Department.