

1000457 Whole Bistro Rump Fillet



Pack Size: X KILO

Details: Seamed out of the D- rump - a tender muscle approx 1kg.

Rump steak can be grilled or fried, served plain or with a sauce such as peppercorn, red wine or mushroom. It's also ideal for making kebabs, quick and easy

*When ordering this product, please note that it is sold by weight (X KILO) so leave the quantity as 1, click on the speech bubble and leave clear instructions about what

Allergen Information

Free from:

Cereal, Celery, Crustaceans, Eggs, Fish, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide, Soya

Handling Information

Directions For Use:

Ensure the product is fully cooked before consumption.

Storage Instructions:

Store at <4°C

Product Ingredients

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Beef

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

213 kcal / 882 kJ

Fat:

15 g

of which saturates:

6.5 g

Carbohydrates:

0.5 g

of which sugars:

0.5 g

Fibre:

No Data

Protein:

20 g

Salt:

0.16 g

All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.

