



1000476 Stornoway Black Pudding 1.3kg Stick



Pack Size: 1.3K STICK

Details: McLeod's original recipe since 1947, a quality product all the way from the Isle of Lewis, sold by the 1.3kg stick.

Allergen Information

Contains:

Cereal

Free from:

Celery, Crustaceans, Eggs, Fish, Gluten, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide, Soya

Handling Information

Directions For Use:

Cooking Instructions: Slice, then grill or fry for 6 to 8 minutes turning frequently, until piping hot.

Storage Instructions:

Keep refrigerated. Once opened use within 7 days. Suitable for home freezing. Freeze on day of purchase and use within 6 months. Defrost thoroughly and consume within 24 hours.

Product Ingredients

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Ingredients: Beef Suet, Vegetable Fat, **OATMEAL (GLUTEN)**, Pork Blood, Onions, Salt, Spices.

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

314 kcal / 1306 kJ

Fat:

20.5 g

of which saturates:

10.6 g

Carbohydrates:

20.5 g

of which sugars:

2.9 g

Fibre:

No Data

Protein:

9.9 g

Salt:

1.9 g

All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.

