

## 1000489 Picanha Rump Roasts



**Pack Size:** X KILO

**Details:** Cut from the cap of the rump into portions or left whole for roasting. We generally score the layer of fat on the top.

The picanha is a particularly tender and flavourful cut of beef. You can cook it on the grill barbecue or in a pan steak, braised, stew, and roast.

\*When ordering this product, please note that it is sold by weight (X KILO) so leave

### Allergen Information

**Free from:**

Cereal, Celery, Crustaceans, Eggs, Fish, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide, Soya

### Handling Information

**Directions For Use:**

Ensure the product is fully cooked before consumption.

**Storage Instructions:**

Store at <4°C

### Product Ingredients

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Beef

### Nutritional Information

**Typical Values per 100g/ml:**

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

**Energy:**

211 kcal / 872 kJ

**Fat:**

15 g

**of which saturates:**

6.4 g

**Carbohydrates:**

0.5 g

**of which sugars:**

0.5 g

**Fibre:**

No Data

**Protein:**

20 g

**Salt:**

0.16 g

All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.

