



1000647 Vegan Black Pudding



Pack Size: 200G STICK

Details: This black pudding retains all the flavour of a traditional black pudding using protein and beetroot for consistency and colour.

Allergen Information

Contains:

Cereal, Celery, Gluten

Free from:

Crustaceans, Eggs, Fish, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide, Soya

Suitable for:

Vegetarians, Vegan

Handling Information

Directions For Use:

Remove plastic sleeving, cut into 15mm slices and heat thoroughly as per the instructions below:

Add a tablespoon of oil to frying pan and pre heat pan over a gentle heat. Add black pudding slices and fry over a medium heat for 4 minutes turning once.

Storage Instructions:

This product needs to be stored in a refrigerator at a temperature between 1 ° 4°C. It must be eaten before its use by date. The plastic sleeving IS NOT edible and needs to be removed before cooking or preparing. Once opened (sleeving no longer in

Product Ingredients

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Cooked Pearl **BARLEY**, Water, Rusk [Fortified Wheat Flour (**WHEAT** flour, Calcium Carbonate, Iron, Niacin, Thiamin), Salt], Rolled **OATS**, Hybind (**TOP GEL**, Fortified **WHEAT** Flour, Protein) **OATMEAL**, Salt, Vegetable (Palm) Oil, **WHEAT** Flour, Beetroot Powder, Herbs (including

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

138 kcal / 580 kJ

Fat:

2.1 g

of which saturates:

0.8 g

Carbohydrates:

23.6 g

of which sugars:

3.1 g

Fibre:

4.3 g

Protein:

3.9 g

Salt:

1.7 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.