

# 1000960 Beef Cheeks (frozen)

Pack Size: X KILO

Details: Individually packed - order by number. Sold
frozen.
Beef cheeks, when cooked long and slow result in tender,
juicy and flavoursome beef.
\*When ordering this product, please note that it is sold
by weight (X KILO) so leave the quantity as 1, click on the speech bubble and leave
clear instructions about what you require as a message.

### Allergen Information

#### Free from:

Cereal, Celery, Crustaceans, Eggs, Fish, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide, Soya

## Handling Information

Directions For Use: Cook until Juices run clear and are free from pink colour. Ensure the product is fully cooked before consumption.

Storage Instructions: Store at <4°c

Product Ingredients: Beef

### Nutritional Information

Typical Values per 100g/ml: Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

195 kcal / 814 kJ

**Fat:** 13 g

of which saturates: 5.8 g

**Carbohydrates:** 0 g

**of which sugars:** 0 g

Fibre: No Data

Protein: 19 q

**Salt:** 0.14 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.