



## 200108S Blackberries (Ardo)



**Pack Size:** 1KG BAG

**Details:** Quick frozen blackberries prepared from fresh; perfect for desserts.

### Allergen Information

**Free from:**

Cereal, Celery, Soya, Crustaceans, Eggs, Fish, Gluten, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide

**Suitable for:**

Coeliacs, Vegetarians, Vegan

### Handling Information

**Directions For Use:**

Defrost & serve

**Storage Instructions:**

Storage frozen: Store at -18 +/-3°C.

Storage Defrosted: Keep refrigerated and use within 24 hours

### Product Ingredients

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Blackberries

### Nutritional Information

**Typical Values per 100g/ml:**

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

**Energy:**

25 kcal / 104 kJ

**Fat:**

0.2 g

**of which saturates:**

0 g

**Carbohydrates:**

5.1 g

**of which sugars:**

5.1 g

**Fibre:**

3.1 g

**Protein:**

0.9 g

**Salt:**

0 g

All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.

