



## 200109S Blackcurrants (Greens)



**Pack Size:** 1KG BAG

**Details:** Ideal for using in fruit salads, pies and a whole range of delicious desserts and puddings.

### Allergen Information

**Free from:**

Cereal, Celery, Soya, Crustaceans, Eggs, Fish, Gluten, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide

**Suitable for:**

Coeliacs, Vegetarians, Vegan

### Handling Information

**Directions For Use:**

Place the desired amount of fruit in a bowl and leave to thaw in the refrigerator until defrosted. Once defrosted, keep refrigerated and use within 24 hours.

**Storage Instructions:**

Never refreeze thawed products.

Freezer: -6°C: 2 days

-12°C: 1 month

-18°C: see expiry date

### Product Ingredients

**Product Ingredients:**

Black currants (100%)

### Nutritional Information

**Typical Values per 100g/ml:**

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

**Energy:**

51 kcal / 214 kJ

**Fat:**

0 g

**of which saturates:**

0 g

**Carbohydrates:**

6.5 g

**of which sugars:**

6.5 g

**Fibre:**

8.7 g

**Protein:**

2 g

**Salt:**

0.01 g

All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.

