

200162C Smoked Mackerel Fillets 130-180g (Arctic R



Pack Size: 1 X 3KG

Details: Traditionally oak hot smoked mackerel, skin on, boneless and vacuum packed in pairs.

Allergen Information

Contains:

Fish

Free from:

Cereal, Celery, Crustaceans, Eggs, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide, Soya

Handling Information

Directions For Use:

Store at -18'C or below.

Thaw in refrigerator for 12 hours or defrost at room temperature for 2 hours.

Storage Instructions:

Store at -18'C or below.

Once defrosted do not refreeze.

Storage After Opening:

Once defrosted store at 0-2'C for up to 5 days

Product Ingredients

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Mackerel (**FISH**), Salt, Annatto, Oak Smoke

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

311 kcal / 1290 kJ

Fat:

19.5 g

of which saturates:

11.8 g

Carbohydrates:

0.1 g

of which sugars:

0 g

Fibre:

0.5 g

Protein:

19.5 g

Salt:

1.8 g

All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.

