



## 200461C Chicken Kiev (Chefs Selections)



Pack Size: 10 X 200G

**Details:** Boneless chicken breast fillet coated in batter and crumb with a garlic and parsley butter filling.

### Allergen Information

**Contains:**

Cereal, Gluten, Milk

**Free from:**

Celery, Crustaceans, Eggs, Fish, Mustard, Lupin, Molluscs, Nuts, Peanuts, Sesame, Sulphur Dioxide, Soya

**Suitable for:**

Halal

### Handling Information

**Directions For Use:**

For best results, cook from frozen.

Conventional Fan Oven:

From Frozen: Place product on baking tray and cook in preheated oven at 180°C (gas mark 4) for approx. 20-25 minutes.

**Storage Instructions:**

Keep frozen, store below -18°C (0°F).

### Product Ingredients

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Chicken (73%), Batter (Water, Wheat Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), **WHEAT** Starch, Salt), Garlic and Parsley Butter Filling (9%) (Salted Butter (Butter (**MILK**), Salt), Garlic, Parsley, Ground White Pepper), Breadcrumb (Wheat Flour (**WHEAT** Flour, Calcium Carbonate, Iron,

### Nutritional Information

**Typical Values per 100g/ml:**

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

**Energy:**

192 kcal / 803 kJ

**Fat:**

9.3 g

**of which saturates:**

6.1 g

**Carbohydrates:**

8.8 g

**of which sugars:**

0.3 g

**Fibre:**

0.4 g

**Protein:**

18 g

**Salt:**

0.5 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.