



200562C Cheese Omelettes (Framptons)



Pack Size: 24 X 100G

Details: Individually frozen folded omelette with cheese in the fold, prepared using pasteurised free range egg blend.

Allergen Information

Contains:

Eggs, Milk

Free from:

Cereal, Celery, Crustaceans, Fish, Gluten, Lupin, Molluscs, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide, Soya

Suitable for:

Vegetarians

Handling Information

Directions For Use:

Cook from frozen

Storage Instructions:

Frozen product should be stored and distributed at a temperature of less than -18°C

Product Ingredients

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Free Range EGG, **MILK**, Cheddar Cheese (**MILK**), Rapeseed Oil, Thickener (Xanthan Gum), Salt, White Pepper.

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

187 kcal / 773 kJ

Fat:

14.82 g

of which saturates:

4.88 g

Carbohydrates:

2.09 g

of which sugars:

1.65 g

Fibre:

0.58 g

Protein:

11.09 g

Salt:

0.82 g

All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.

