

# 201087S Summer Fruits (Ardo)



Pack Size: 500G BAG

**Details:** Raspberries, blackcurrants, redcurrants and blackberries.

## Allergen Information

#### Free from:

Cereal, Celery, Soya, Crustaceans, Eggs, Fish, Gluten, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide

#### Suitable for:

Coeliacs, Vegetarians, Vegan

### Handling Information

Directions For Use:

Defrost & serve

#### Storage Instructions:

Keep Frozen

## Product Ingredients

#### Product Ingredients:

Blackberries 25%, Raspberries 25%, Blackcurrants 25%, Redcurrants 25%

# Nutritional Information

### Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

#### Energy:

26 kcal / 111 kJ

#### Fat:

 $0.1 \, g$ 

#### of which saturates:

0 0

#### Carbohydrates:

5.3 g

### of which sugars:

5.3 g

#### Fibre:

3.2 g

## Protein:

1 g

### Salt:

0 g

All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.

