



201182C Chicken Tikka Masala (Authentic)



Pack Size: 12 X 350G

Details: Tender chicken tikka meat in a rich creamy medium spiced sauce combining yoghurt, cream, tomatoes and spices.

Allergen Information

Contains:

Milk

Free from:

Cereal, Celery, Sesame, Crustaceans, Eggs, Fish, Gluten, Lupin, Molluscs, Mustard, Nuts, Peanuts, Sulphur Dioxide, Soya

Suitable for:

Coeliacs

Handling Information

Directions For Use:

Cook from frozen.

HOB: Place pouch into a pan of boiling water, return to boil and simmer for 20 minutes, carefully remove pouch from pan, pour contents on to a serving plate. Ensure product is piping hot throughout before serving.

Storage Instructions:

Keep frozen at "18°C or below

Product Ingredients

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Cooked Tikka Marinated Chicken (28%) (Chicken Breast, Yogurt Powder (**MILK**), Rice Bran Oil, Tapioca Starch, Salt, Spices, Garlic Paste, Tomato Paste, Ginger Paste, Colour (Paprika Extract)), Water, Onion (12%), Single Cream (**MILK**) (11%), Crushed Tomato (5%), Rapeseed Oil, Tomato Paste (3.5%), Yogurt (**MILK**)

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

130 kcal / 541 kJ

Fat:

9.1 g

of which saturates:

2.9 g

Carbohydrates:

3.5 g

of which sugars:

3.3 g

Fibre:

0.9 g

Protein:

8.2 g

Salt:

0.55 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.