



201239C Medium Sliced Wholemeal Loaves (Fletchers)



Pack Size: 8 X 800G

Details: A brown medium sliced wholemeal loaf. 21 slices and two crusts per loaf.

Allergen Information

Contains:

Cereal, Soya

Free from:

Celery, Eggs, Fish, Gluten, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide, Crustaceans

Suitable for:

Vegetarians, Vegan

Handling Information

Directions For Use:

To defrost: remove from case and leave in bag at room temperature for approximately 3 hours, or until fully defrosted. Once defrosted, store in a sealed pack in a cool, dry place away from direct sunlight and use within 5 days.

Storage Instructions:

Keep frozen, store at -18°C or below. Once defrosted do not refreeze.

Product Ingredients

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Wholemeal **WHEAT** Flour, Water, Salt, Wheat Flour (**WHEAT** Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Palm Oil, Yeast, Emulsifiers (E472e, E471), Preservative (E282), **SOYA** Flour, Spirit Vinegar, Flour Treatment Agent (E300).

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

218 kcal / 923 kJ

Fat:

1.4 g

of which saturates:

0.4 g

Carbohydrates:

38.2 g

of which sugars:

2.4 g

Fibre:

7.1 g

Protein:

9.7 g

Salt:

0.85 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.

