



## 201291C Baton/Julienne Carrots (Greens)



**Pack Size:** 4 X 2.5KG

**Details:** Cook from frozen. Perfect for adding a little colour and crunch to your stir fries and salads.

### Allergen Information

**Free from:**

Cereal, Celery, Soya, Crustaceans, Eggs, Fish, Gluten, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide

**Suitable for:**

Coeliacs, Vegetarians, Vegan

### Handling Information

**Directions For Use:**

Cook from frozen. Prepare as fresh vegetables with reduced cooking time. Add spices to your own taste.

The vegetables are also suitable for preparation in micro-wave

**Storage Instructions:**

Never refreeze thawed products.

Freezer: -6°C: 2 days

-12°C: 1 month

-18°C: see expiry date

### Product Ingredients

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Carrots (100%)

### Nutritional Information

**Typical Values per 100g/ml:**

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

**Energy:**

35 kcal / 146 kJ

**Fat:**

0 g

**of which saturates:**

0 g

**Carbohydrates:**

6.7 g

**of which sugars:**

6.5 g

**Fibre:**

3.2 g

**Protein:**

0.4 g

**Salt:**

0.1 g

All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.

