

# 201667C Blueberries (Ardo)



Pack Size: 12 X 500G

**Details:** Frozen blueberries perfect for desserts, cocktails and accompaniments.

## Allergen Information

#### Free from:

Cereal, Celery, Soya, Crustaceans, Eggs, Fish, Gluten, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide

## Suitable for:

Coeliacs, Vegetarians, Vegan

# Handling Information Directions For Use:

Defrost & serve

## Storage Instructions:

Keep Frozen

## Product Ingredients

## Product Ingredients:

Blueberries 100%

# Nutritional Information

## Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

## Energy:

32 kcal / 135 kJ

#### Fat:

 $0.2 \, g$ 

#### of which saturates:

0 q

## Carbohydrates:

6.9 g

## of which sugars:

6.9 q

## Fibre:

1.8 g

## Protein:

0.6 g

## Salt:

0 g

All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.

