



## 201772S Mashed Potato (Aviko)



**Pack Size:** 2.5KG BAG

**Details:** For your convenience, this makes the perfect mashed potato each and every time.

### Allergen Information

**Contains:**

Milk

**Free from:**

Cereal, Celery, Sulphur Dioxide, Crustaceans, Eggs, Fish, Gluten, Lupin, Molluscs, Mustard, Nuts, Peanuts, Sesame, Soya

**Suitable for:**

Coeliacs, Vegetarians

### Handling Information

**Directions For Use:**

Cook from frozen.

Combisteamer: 120°C, 50% steam, 12 min.

Microwave: 500g, 1350W, 4 min.

High speed cooker: 2500g, 100°C, 1 bar, 2 min.

**Storage Instructions:**

Max. -18°C.

### Product Ingredients

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Potatoes, water, palm oil, whey powder (**MILK**), **LACTOSE**, **MILK** protein, butter oil (**MILK**), natural flavouring, salt, dextrose, **MILK** powder, onion powder, spices.

### Nutritional Information

**Typical Values per 100g/ml:**

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

**Energy:**

85 kcal / 350 kJ

**Fat:**

1.5 g

**of which saturates:**

1 g

**Carbohydrates:**

15 g

**of which sugars:**

1 g

**Fibre:**

2 g

**Protein:**

1.5 g

**Salt:**

0.25 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging

or speak with our QA Department.