

# 201890C Pork Meatballs 14g (KaterKing)



Pack Size: 1 X 3KG

**Details:** Ready-cooked, lightly seasoned prime pork meatballs made with 80% Red Tractor Assured British pork.

### Allergen Information

#### Contains:

Cereal, Soya

#### Free from:

Crustaceans, Nuts, Fish, Gluten, Lupin, Sesame, Molluscs, Peanuts

#### May contain:

Eggs, Mustard, Milk, Sulphur Dioxide, Celery

## Handling Information

#### Directions For Use:

From Frozen unless otherwise stated Microwave: (1900W): Place 6 meatballs on a microwaveable plate and reheat for 40 secs. Oven: Pre-heat oven to 220°C (Fan oven 200°C)/Gas Mark 7, spread meatballs evenly on a baking tray and reheat for 12 mins. Turn the meatballs halfway through cooking time to ensure even cooking. All

#### Storage Instructions:

Keep Frozen. Store at -18°C or below

## Product Ingredients

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Pork (80%), Onion, Rusk (Fortified WHEAT Flour (with Calcium, Iron, Niacin, Thiamin), Salt, Raising Agent (Ammonium Bicarbonate)), SOYA Protein, Onion Powder, Salt, Black Pepper.

## Nutritional Information

### Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

### Energy:

313 kcal / 1311 kJ

## Fat:

23 g

## of which saturates:

6.3 g

## Carbohydrates:

6.9 g

### of which sugars:

2 g

### Fibre:

0.9 g

### Protein:

19.7 g

# Salt:

0.68 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.