



201906C Smoked Haddock 80-130g (Sykes)



Pack Size: 1 X 24

Details: Premium dyed skinless smoked haddock fillets, individually vacuum packed.

Allergen Information

Contains:

Fish

Free from:

Cereal, Celery, Sesame, Crustaceans, Eggs, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sulphur Dioxide, Soya

Suitable for:

Coeliacs

Handling Information

Directions For Use:

DEFROSTING INSTRUCTIONS Thaw in refrigerator for 12 hours, or defrost at room temperature for 2 hours.

WARNING: Some bones may be present.

Storage Instructions:

Keep frozen at -18°C. Once defrosted do not refreeze

Product Ingredients

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Haddock (**MELANOGRAMMUS AEGLEFINUS**) (**FISH**), Salt, Oak smoke, Colour curcumin

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

87 kcal / 367 kJ

Fat:

0.9 g

of which saturates:

0.3 g

Carbohydrates:

0.5 g

of which sugars:

0.5 g

Fibre:

0.5 g

Protein:

19.6 g

Salt:

2.4 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.