



201907c Boned Kippers 110-170g (Youngs)



Pack Size: 1 X 24

Details: Kipper fillets in vacuum packs.

Allergen Information

Contains:

Fish

Free from:

Cereal, Celery, Sesame, Crustaceans, Eggs, Gluten, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sulphur Dioxide, Soya

Suitable for:

Coeliacs

Handling Information

Directions For Use:

COOKING INSTRUCTIONS " for best results cook from frozen
All cooking appliances vary. The following is a guideline only
Our MSC Butterfly Boned Kippers are best microwaved straight from your freezer.
Ensure product is piping hot throughout before serving. All appliances vary, these

Storage Instructions:

Store at -18°C below. Do not re-freeze once defrosted.

Product Ingredients

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Herring (*Clupea harengus*) (98%) (**FISH**), Salt, Colour:. Annatto, Paprika
Extract, Curcumin
Caution! This product will contain bones

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

227 kcal / 943 kJ

Fat:

16.7 g

of which saturates:

4.3 g

Carbohydrates:

0.1 g

of which sugars:

0.1 g

Fibre:

0 g

Protein:

18.9 g

Salt:

1.9 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.

