



201928C Vegetable Sausage (KaterVeg!)



Pack Size: 48 X 56G

Details: Made with vegetables bound together with potato and rice.

Allergen Information

Contains:

Cereal, Gluten

Free from:

Celery, Crustaceans, Eggs, Fish, Peanuts, Lupin, Milk, Molluscs, Mustard, Nuts, Sesame, Sulphur Dioxide, Soya

Suitable for:

Halal, Vegetarians, Vegan

Handling Information

Directions For Use:

From Frozen unless otherwise stated Deep Fry: Pre-heat oil to 160°C and deep fry for 6.5 minutes. Drain well before serving. Grill: Pre-heat grill to medium heat. Place product on a baking tray and cook for 20 minutes, turning occasionally. Shallow-fry: Pre-heat oil in a pan. When hot, add vegetable sausages and fry for 10 minutes over a

Storage Instructions:

Keep Frozen. Store at -18°C or below

Product Ingredients

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Vegetables (48%) (Carrot, Green Pepper, Peas, Potato, Onion, Sweetcorn), Cooked White Rice, Dehydrated Potato, Fortified Wheat Flour (**WHEAT** Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Sunflower Oil, Cooked Cannellini Beans (5%), Rapeseed Oil, Potato Starch, Rice Flour, Gram Flour, Salt, Yeast Extract, Herbs

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

195 kcal / 814 kJ

Fat:

9 g

of which saturates:

0.9 g

Carbohydrates:

22.6 g

of which sugars:

4.8 g

Fibre:

3.2 g

Protein:

4.2 g

Salt:

0.66 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.