



201977C Vegan Mince (KaterVeg!)



Pack Size: 10 X 1KG

Details: Seasoned soya mince made with textured soya protein.

Allergen Information

Contains:

Soya

Free from:

Cereal, Celery, Crustaceans, Eggs, Fish, Gluten, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide

Suitable for:

Coeliacs, Vegetarians, Vegan

Handling Information

Directions For Use:

From Frozen unless otherwise stated For best results cook from frozen. Heat approx. 1500mls of your favourite sauce in a saucepan, bring to simmering point. Add 1kg of Vegan Mince and simmer for a further 10-12 mins, stirring occasionally. Remove from heat and serve. Do not reheat.

Storage Instructions:

Keep Frozen. Store at -18°C or below

Product Ingredients

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Rehydrated Textured **SOYA** Protein (96%), Seasoning [Colour (Plain Caramel), Flavourings, Yeast Extract, Onion Powder, Dextrose, Salt, Maltodextrin, Acidity Regulator (Citric Acid), White Pepper].

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

143 kcal / 598 kJ

Fat:

2.83 g

of which saturates:

0.56 g

Carbohydrates:

7.08 g

of which sugars:

2.86 g

Fibre:

5.2 g

Protein:

17.15 g

Salt:

0.61 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging

or speak with our QA Department.