



## 201977S Vegan Mince (KaterVeg!)



**Pack Size:** 1KG BAG

**Details:** Seasoned soya mince made with textured soya protein.

### Allergen Information

**Contains:**

Soya

**Free from:**

Cereal, Celery, Crustaceans, Eggs, Fish, Gluten, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide

**Suitable for:**

Coeliacs, Vegetarians, Vegan

### Handling Information

**Directions For Use:**

From Frozen unless otherwise stated For best results cook from frozen. Heat approx. 1500mls of your favourite sauce in a saucepan, bring to simmering point. Add 1kg of Vegan Mince and simmer for a further 10-12 mins, stirring occasionally. Remove from heat and serve. Do not reheat.

**Storage Instructions:**

Keep Frozen. Store at -18°C or below

### Product Ingredients

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Rehydrated Textured **SOYA** Protein (96%), Seasoning [Colour (Plain Caramel), Flavourings, Yeast Extract, Onion Powder, Dextrose, Salt, Maltodextrin, Acidity Regulator (Citric Acid), White Pepper].

### Nutritional Information

**Typical Values per 100g/ml:**

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

**Energy:**

143 kcal / 598 kJ

**Fat:**

2.83 g

**of which saturates:**

0.56 g

**Carbohydrates:**

7.08 g

**of which sugars:**

2.86 g

**Fibre:**

5.2 g

**Protein:**

17.15 g

**Salt:**

0.61 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging

or speak with our QA Department.