



## 202024C Cooked Chicken Breast Fillet (Carisma)



**Pack Size:** 5 X 1.9KG

**Details:** Fully cooked steamed natural chicken breast fillet. Whole and skinless.

### Allergen Information

**Free from:**

Cereal, Celery, Sesame, Crustaceans, Eggs, Fish, Molluscs, Lupin, Milk, Mustard, Nuts, Peanuts, Sulphur Dioxide, Soya

**Suitable for:**

Halal, Coeliacs

### Handling Information

**Directions For Use:**

All appliances vary; the following are guidelines only:

DEFROST: Remove from packaging, allow to thaw in a refrigerator until fully defrosted.

MICROWAVE RE-HEAT: Place 2 breast fillets on a non metallic plate and cover with

**Storage Instructions:**

FROZEN: Store at -18°C

REFRIGERATE: 48 hours if stored between 0-5°C

### Product Ingredients

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Chicken Breast\*, Cornflour

\*Prepared using 129g of Raw Chicken per 100g of Cooked Chicken

### Nutritional Information

**Typical Values per 100g/ml:**

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

**Energy:**

125 kcal / 528 kJ

**Fat:**

1.6 g

**of which saturates:**

0.6 g

**Carbohydrates:**

0.5 g

**of which sugars:**

0.5 g

**Fibre:**

0.5 g

**Protein:**

27.5 g

**Salt:**

0.3 g

All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.

