

# 202026C Battered Chicken Mini Fillets (Chefs Selec



Pack Size: 2X1KG BOX

**Details:** Fully cooked chicken breast inner fillets, coated in a light crispy batter.

### Allergen Information

#### Contains:

Cereal, Milk

### Free from:

Celery, Crustaceans, Eggs, Fish, Gluten, Molluscs, Lupin, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide, Soya

### Suitable for:

Halal

## Handling Information

### Directions For Use:

Best Cooked From Frozen

OVEN: Preheat oven to 200°C/Fan180°C/Gas Mark 6 and cook for 15-20minutes.

FRY: Place in moderately hot oil @  $180 \, ^{\circ} \text{C}/356 \, ^{\circ} \text{F}$  for 4-6 minutes.

The cooking instructions are given as a guide only as appliances vary.

#### Storage Instructions:

Keep frozen below -18°C

# Product Ingredients

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Chicken (Chicken Breast (65%), Salt), WHEAT Flour, Modified Corn Starch, Modified Tapioca Starch, Corn Flour, WHEAT GLUTEN, Salt, MILK Powder, Raising Agents (Sodium Bicarbonate, Disodium Diphosphate), Sugar, Dextrose, Thickening Agent (Guar Gum), Yeast, Palm Oil.

# Nutritional Information

Typical Values per 100g/ml:
Based on a reference intake of an average adult (8400kJ/2000kCal) die

### Energy:

160 kcal / 675 kJ

## Fat:

5.2 g

# of which saturates:

2.2 g

## Carbohydrates:

10.7 g

## of which sugars:

0.5 g

### Fibre:

0.5 g

### Protein:

17.7 g

# Salt:

1.07 q



All product information is correct at time of upload. Information may change so please check the packaging before use.

If or	allergen informat speak with our QA	ion is not presented Department.	here,	please	obtain	it	from	the	product	packaging