



## 202381C Mediterranean Vegetable Lasagne (KK)



Pack Size: 12 X 430G

**Details:** A medley of vegetables in a Mediterranean style tomato sauce, layered with lasagne sheets and topped with a cheese and spinach sauce.

### Allergen Information

**Contains:**

Cereal, Eggs, Milk

**Free from:**

Celery, Crustaceans, Fish, Gluten, Lupin, Molluscs, Mustard, Sulphur Dioxide, Soya

**May contain:**

Nuts, Peanuts, Sesame

**Suitable for:**

Vegetarians

### Handling Information

**Directions For Use:**

1800 Watt Microwave: Loosen lid and defrost for approx 6 mins then heat on full power for 3 minutes. Always ensure product is piping hot before serving.

**Storage Instructions:**

Storage Details: Frozen at - 18C

### Product Ingredients

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Tomatoes (16%), Water, Lasagne Pasta (14%) (Durum **WHEAT** Semolina, Water, EGG), Red Pepper (11%), Onions, Single Cream (**MILK**), Aubergine (5%), Courgettes (5%), Spinach (3%), Mature Cheddar Cheese (**MILK**) (3%), Mushroom (3%), Yellow Peppers (3%), Modified Maize Starch, Sunflower Oil, Tomato Puree, Sugar, Salt,

### Nutritional Information

**Typical Values per 100g/ml:**

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

**Energy:**

87 kcal / 360 kJ

**Fat:**

3.78 g

**of which saturates:**

1.62 g

**Carbohydrates:**

11.45 g

**of which sugars:**

3.29 g

**Fibre:**

1.12 g

**Protein:**

2.71 g

**Salt:**

0.99 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.