

202611C Classic Lorraine Quiche Pickups (Frank Dal



Pack Size: 1 X 24PP

Details: Smoked Suffolk bacon, mature Cheddar cheese and onion in a delicate free-range egg custard, topped with smoked Suffolk bacon slices and mature Cheddar cheese, encased in a signature stone-baked shortcrust pastry.

Allergen Information

Contains:

Cereal, Eggs, Gluten, Mustard, Milk

Free from:

Celery, Crustaceans, Fish, Lupin, Molluscs, Nuts, Peanuts, Sesame, Sulphur Dioxide, Soya

Handling Information

Directions For Use:

From Frozen unless otherwise stated Oven: Remove from outer packaging, leave in foil. Place in preheated oven 190°C / Gas Mark 5 for 30 minutes. Ensure food is piping hot before serving. Ensure a core temperature of >75°C is achieved (or relevant national requirements) for at least 30 seconds before serving. Do not reheat after cooking.

Storage Instructions:

Keep Frozen. Store at -18°C or below

Product Ingredients

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Pastry (28%) **WHEAT** Flour (with Calcium, Iron, Niacin, Thiamine), Margarine (Palm Oil, Coconut Oil, Rapeseed Oil, Water, Salt, Emulsifier (Mono- and Diglycerides of Fatty Acids), Acidity Regulator (Citric Acid, Disodium Citrate), Natural Flavouring, Colour (Carotenes)), Shortening (Palm Oil, Rapeseed Oil), Maize

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

249 kcal / 1046 kJ

Fat:

15 g

of which saturates:

7.5 g

Carbohydrates:

19.7 g

of which sugars:

2.4 g

Fibre:

0.9 g

Protein:

9.7 g

Salt:

0.9 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging

or speak with our QA Department.