



202821C Beefburgers 80% (Gourmet Island)



Pack Size: 48 X 113G

Details: Frozen beefburger suitable to cook from frozen.

Allergen Information

Contains:

Cereal, Soya

Free from:

Crustaceans, Eggs, Fish, Gluten, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide, Celery

Handling Information

Directions For Use:

Cook from frozen. To Grill: Place under grill on a medium heat for 5-8 minutes, turning halfway through cooking time. To Shallow Fry: Add a little oil to a hot frying pan. Fry on a medium heat for 5-8 minutes, turning halfway through cooking time. Not Suitable for microwave cooking. Check product is piping hot and juices run

Storage Instructions:

Store frozen at -18°C or colder. DO NOT REFREEZE ONCE THAWED.

Product Ingredients

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Beef (80%), (Water, Salt), Textured (SOYA) Protein, Onion, Rusk (WHEAT Flour, (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Salt), Seasoning (Pea Fibre, Stabiliser (E451 (i)), Salt, (Rusk (WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Salt), Onion,

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

272 kcal / 1133 kJ

Fat:

18.7 g

of which saturates:

7.5 g

Carbohydrates:

10.5 g

of which sugars:

4.2 g

Fibre:

1.2 g

Protein:

15.8 g

Salt:

1 g

All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.

