

# 202962C Breaded Mushrooms (Greens)



Pack Size: 10 X 1KG

Details: Frozen white button mushrooms encapsulated in a lightly seasoned batter and enrobed in a light eat breadcrumb.

### Allergen Information

## Contains:

Cereal, Eggs

#### Free from:

Celery, Crustaceans, Fish, Gluten, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide, Soya

### Suitable for:

Vegetarians

## Handling Information

# Directions For Use:

- . Best cooked from frozen
- . Oven: Preheat the oven at 225°C, place frozen product on a baking sheet in a single layer and cook for 12 minutes. Turn once during baking-time.
- . Deep fry: Pre-heat oil at 180°C and fry the frozen product for 4 minutes.

### Storage Instructions:

Keep frozen at -18°C or below.

## Product Ingredients

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Mushroom (51%), WHEAT flour, Water, Sunflower oil, Fortified WHEAT flour (WHEAT flour, Calcium, Iron, Thiamin, Niacin), Potato Stack, EGG albumen, Potato dextrin, Salt, Yeast, Raising agents (E450, E500), Black pepper extract

# Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

## Energy:

172 kcal / 729 kJ

# Fat:

7.2 g

## of which saturates:

0.8 g

## Carbohydrates:

20.7 g

## of which sugars:

1.2 g

# Fibre:

2.1 g

### Protein:

5.1 g

### Salt:

0.8 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

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