

202962S Breaded Mushrooms (Greens)



Pack Size: 1KG BAG

Details: Frozen white button mushrooms encapsulated in a lightly seasoned batter and enrobed in a light eat breadcrumb.

Allergen Information

Contains:

Cereal, Eggs, Gluten

Free from:

Celery, Crustaceans, Fish, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide, Soya

Suitable for:

Vegetarians

Handling Information

Directions For Use:

- . Best cooked from frozen
- . Oven: Preheat the oven at 225°C, place frozen product on a baking sheet in a single layer and cook for 12 minutes. Turn once during baking-time.
- . Deep fry: Pre-heat oil at 180°C and fry the frozen product for 4 minutes.

Storage Instructions:

Keep frozen at -18°C or below.

Product Ingredients

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Mushroom (51%), WHEAT flour, Water, Sunflower oil, Fortified WHEAT flour (WHEAT flour, Calcium, Iron, Thiamin, Niacin), Potato Stack, EGG albumen, Potato dextrin, Salt, Yeast, Raising agents (E450, E500), Black pepper extract

Nutritional Information Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

172 kcal / 729 kJ

Fat:

7.2 g

of which saturates:

0.8 g

Carbohydrates:

20.7 g

of which sugars:

1.2 g

Fibre:

2.1 g

Protein:

5.1 g

Salt:

0.8 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

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