



## 203051C Mighty 6" Floured Bap (Kara)



Pack Size: 6 X 4

**Details:** The classic and popular pre-sliced floured bap.

### Allergen Information

**Contains:**

Cereal, Gluten

**Free from:**

Celery, Crustaceans, Eggs, Fish, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sulphur Dioxide, Soya

**May contain:**

Sesame

**Suitable for:**

Vegetarians, Vegan

### Handling Information

**Directions For Use:**

Defrost thoroughly before use. Remove from case and leave in bag at room temperature for 1 " 2 hours, or until fully defrosted. Once defrosted, store in a sealed pack in a cool, dry place away from direct sunlight. Once defrosted use within 4 days. Do not refreeze.

**Storage Instructions:**

Keep frozen, store frozen at -18°C (0°F) or below. Once defrosted do not re-freeze.

### Product Ingredients

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WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Sugar, Salt, Yeast, Rapeseed Oil, Emulsifiers: E471, E472(e). Flour Treatment Agents: E300, E920.

### Nutritional Information

**Typical Values per 100g/ml:**

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

**Energy:**

242 kcal / 1026 kJ

**Fat:**

1.6 g

**of which saturates:**

0.2 g

**Carbohydrates:**

46.6 g

**of which sugars:**

3.4 g

**Fibre:**

3.2 g

**Protein:**

8.9 g

**Salt:**

0.9 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.