



## 203103C Breaded 1/4lb Vegetable Burger (McCain)



Pack Size: 30 X 113G

**Details:** Vegetable burger made from selected vegetables and potato coated in a crispy breadcrumb.

### Allergen Information

**Contains:**

Cereal, Mustard

**Free from:**

Celery, Crustaceans, Eggs, Fish, Gluten, Lupin, Molluscs, Nuts, Peanuts, Sesame, Sulphur Dioxide, Soya

**May contain:**

Milk

**Suitable for:**

Halal, Vegetarians

### Handling Information

**Directions For Use:**

"Oven

- Preheat oven to 220°C/425°F/Gas Mark 7 (for fan assisted ovens 200°C/400°F)
- Arrange the McCain Vegetable Burgers in a single layer on a baking tray
- Place the baking tray in the upper half of the oven and bake for 18 - 20 minutes

**Storage Instructions:**

Keep frozen at -18°C or below.

### Product Ingredients

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Vegetables in varying proportions (39%) (Carrot, Broccoli, Cauliflower, Sweetcorn, Green Beans, Onion, Peppers (Red, Green)), Water, Potatoes, Dehydrated Potato, Breadcrumb (11%) (**WHEAT** Flour (with Calcium, Iron, Niacin, Thiamin), Salt, Dextrose), Vegetable Oils (Rapeseed, Sunflower) - in varying proportions, Batter

### Nutritional Information

**Typical Values per 100g/ml:**

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

**Energy:**

216 kcal / 901 kJ

**Fat:**

10 g

**of which saturates:**

1.1 g

**Carbohydrates:**

26 g

**of which sugars:**

1.8 g

**Fibre:**

3.1 g

**Protein:**

3.3 g

**Salt:**

0.96 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.