

# 203177C Brie & Sunblush Tomato Quiche Pickups (Fra



Pack Size: 1 X 24PP

Details: Brie, diced sun-dried tomatoes, onion and thyme in a free-range egg custard, topped with Brie slices and encased in a signature stone-baked shortcrust pastry.

### Allergen Information

### Contains:

Cereal, Eggs, Mustard, Milk

Celery, Crustaceans, Fish, Gluten, Lupin, Molluscs, Nuts, Peanuts, Sesame, Sulphur Dioxide, Soya

### Suitable for:

Vegetarians

# Handling Information

### Directions For Use:

From Frozen unless otherwise stated Oven: Remove outer packaging, leave in foil. Place in preheated oven 190°C / Gas Mark 5 for 30 minutes. Ensure food is piping hot before serving. Ensure a core temperature of >75°C is achieved (or relevant national requirements) for at least 30 seconds before serving. Do not reheat after cooking.

### Storage Instructions:

Keep Frozen. Store at -18°C or below

# Product Ingredients

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Pastry (29%) (WHEAT Flour (with Calcium, Iron, Niacin, Thiamine), Margarine (Palm Oil, Coconut Oil, Rapeseed Oil, Water, Salt, Emulsifier (Monoâ€"and Diglycerides of Fatty Acids), Acidity Regulator (Citric Acid, Disodium Citrate), Natural Flavouring, Colour (Carotenes)), Shortening (Palm Oil, Rapeseed Oil), Maize

# Nutritional Information

Typical Values per 100g/ml: Based on a reference intake of an average adult (8400kJ/2000kCal) diet

### Energy:

261 kcal / 1093 kJ

# Fat:

15.7 g

# of which saturates:

8 g

## Carbohydrates:

22.6 g

### of which sugars:

4 g

### Fibre:

1.4 g

### Protein:

8.1 g

### Salt:

0.97 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

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