

203187C Jumbo Battered Cod Fish Fingers (Youngs)



Pack Size: 36 X 70G

Details: Double sized prime fillet cod fish finger. Deep fry, grill or oven bake.

Allergen Information

Contains:

Cereal, Fish, Mustard, Milk

Free from:

Celery, Crustaceans, Eggs, Lupin, Molluscs, Nuts, Peanuts, Sesame, Sulphur Dioxide, Soya

Handling Information

Directions For Use:

Our Jumbo Cod Fingers are best deep fried straight from your freezer. Ensure product is piping hot throughout before serving. All appliances vary, these are guidelines only.

Deep fry

Storage Instructions:

Store at -18°C below. Do not re-freeze once defrosted.

Product Ingredients

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Cod (57%) (FISH), Wheat Flour [WHEAT Flour, Calcium Carbonate, Iron, Niacin (B3), Thiamin (B1)], Water, Sunflower Oil, Rapeseed Oil, Palm Oil, WHEAT Starch, Salt, Flavourings (contain MUSTARD), Raising Agents:. Diphosphates, Sodium Hydrogen Carbonate; MUSTARD Flour, Maize Flour, Dextrose,

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

277 kcal / 1155 kJ

Fat:

17.7 g

of which saturates:

1.3 a

Carbohydrates:

16.4 g

of which sugars:

0.5 g

Fibre:

0.9 g

Protein:

12.7 g

Salt:

0.9 g



All product information is correct at time of upload. check the packaging before use.

Information may change so please

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.