



203383C English Breakfast Muffins (Speedibake)



Pack Size: 12X4X72G

Details: A plain white breakfast muffin with a light wheat semolina dressing.

Allergen Information

Contains:

Cereal, Soya, Gluten

Free from:

Celery, Eggs, Fish, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide, Crustaceans

Suitable for:

Vegetarians, Vegan

Handling Information

Directions For Use:

Defrost for 1-2 hours.

Split in half and toast under a medium grill for 2-3 minutes or until golden brown.

Storage Instructions:

Keep frozen, store at -18°C or below.

Product Ingredients

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WHEAT Flour (with calcium, iron, niacin (B3) and thiamin (B1)), Water, Yeast,

WHEAT Semolina, **WHEAT** Protein, Salt, Vinegar, Dextrose, Sustainable

SOYA Flour, Vegetable Fat (Sustainable Palm, Rapeseed), Preservatives:

Potassium Sorbate, Calcium Propionate., Emulsifier: E472e., Flour Treatment Agent:

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

232 kcal / 980 kJ

Fat:

2 g

of which saturates:

0.6 g

Carbohydrates:

41.3 g

of which sugars:

4.4 g

Fibre:

3 g

Protein:

10.6 g

Salt:

1.18 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.

