



203662C Breaded Premium Scottish Scampi (Chefs Sel



Pack Size: 10 X 450G

Details: Premium wholetail scampi, caught in Scottish waters, with added water and coated in crispy breadcrumbs.

Allergen Information

Contains:

Cereal, Crustaceans

Free from:

Celery, Eggs, Peanuts, Gluten, Lupin, Milk, Mustard, Nuts, Sesame, Sulphur Dioxide, Soya

May contain:

Molluscs, Fish

Handling Information

Directions For Use:

Deep fry from frozen. To Deep Fry: Pre heat oil to 180°C. Add the scampi and deep fry for approximately 4 minutes until golden brown and crisp. Drain and serve. Please ensure that the product is cooked thoroughly before serving.

Storage Instructions:

KEEP FROZEN in a deep freeze cabinet****operating at -18°C or colder, this product will retain its quality for 3 months after purchase, or up to the 'Best Before End' date, whichever is the sooner. If defrosted do not refreeze.

Product Ingredients

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Scampi (**CRUSTACEAN**) (40%), Breadcrumbs (Wheat Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Rapeseed Oil, Yeast, Salt), Batter (Water, Wheat Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Salt), Water, Stabilisers (Diphosphates, Triphosphates, Polyphosphates)

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

131 kcal / 554 kJ

Fat:

0.8 g

of which saturates:

0.3 g

Carbohydrates:

21.3 g

of which sugars:

3.2 g

Fibre:

0.8 g

Protein:

9.2 g

Salt:

1.5 g



check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.