



203662S Breaded Premium Scottish Scampi (Chefs Sel



Pack Size: 450G BAG

Details: Premium wholetail scampi, caught in Scottish waters, with added water and coated in crispy breadcrumbs.

Allergen Information

Contains:

Cereal, Crustaceans, Gluten

Free from:

Celery, Eggs, Peanuts, Lupin, Milk, Mustard, Nuts, Sesame, Sulphur Dioxide, Soya

May contain:

Molluscs, Fish

Handling Information

Directions For Use:

Deep fry from frozen. To Deep Fry: Pre heat oil to 180°C. Add the scampi and deep fry for approximately 4 minutes until golden brown and crisp. Drain and serve. Please ensure that the product is cooked thoroughly before serving.

Storage Instructions:

KEEP FROZEN in a deep freeze cabinet****operating at -18°C or colder, this product will retain its quality for 3 months after purchase, or up to the 'Best Before End' date, whichever is the sooner. If defrosted do not refreeze.

Product Ingredients

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Scampi (**CRUSTACEAN**) (40%), Breadcrumbs (Wheat Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Rapeseed Oil, Yeast, Salt), Batter (Water, Wheat Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Salt), Water, Stabilisers (Diphosphates, Triphosphates, Polyphosphates)

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

131 kcal / 554 kJ

Fat:

0.8 g

of which saturates:

0.3 g

Carbohydrates:

21.3 g

of which sugars:

3.2 g

Fibre:

0.8 g

Protein:

9.2 g

Salt:

1.5 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.