



203924C Tuna Loin Portions (Arctic Royal)



Pack Size: 1 X 10

Details: Frozen skinless and boneless tuna loin portions in individual vacuum packs.
Each portion weighs 170-230g which nets down to 153-207g excluding the protective ice glaze.

Allergen Information

Contains:

Fish

Free from:

Cereal, Celery, Sesame, Crustaceans, Eggs, Gluten, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sulphur Dioxide, Soya

Suitable for:

Coeliacs

Handling Information

Directions For Use:

Cooking instructions: Defrost in a refrigerator before use. Do not refreeze once defrosted. These instructions are guidelines only as cooking appliance vary. Ensure that the product is piping hot and cooked throughout before serving.

GRILL: Season the loin portions with fresh salt and pepper or herbs and grill under a

Storage Instructions:

Store at -18'C or below

Product Ingredients

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Yellowfin Tuna (Thunnus albacares) (**FISH**)

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

95 kcal / 397 kJ

Fat:

0.4 g

of which saturates:

0.1 g

Carbohydrates:

0.1 g

of which sugars:

0 g

Fibre:

3.5 g

Protein:

21 g

Salt:

1.3 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging

or speak with our QA Department.